

Kyphoplasty

WHAT TO EXPECT WHEN YOU ARRIVE:

All patients must register at the Outpatient Registration desk one hour prior to the procedure. You will need to arrange for someone to drive you home. Blood work is required before procedures. This can be drawn when your IV line is placed. The Interventional Team will explain the procedure in detail and answer any questions you may have regarding the procedure. You may be receiving medicines in your IV to relax you and diminish any discomfort, in addition to a local anesthetic.

HOW TO PREPARE FOR YOUR PROCEDURE:

All patients are to have NOTHING to eat after midnight the night before the procedure. You must have a referring physicians order. If you are allergic to any medications, foods or skin preparations soaps/agents, please inform the IR staff or your nurse. However, if you are allergic to **“iodinated intravenous contrast” or IV Dye** you will need to discuss this with your referring physician before he/she orders the procedure or test. If you are on BLOOD PRESSURE medicine you may take it with a sip of water. Please bring a list of your medications with you, including inhalers if you use them.

If you are diabetic and take oral diabetic medicine and/or insulin, DO NOT take the morning of your procedure. The procedure you are scheduled for requires you to be NPO (having nothing to eat or drink) after midnight. Typically you will be able to eat 2-3 hours after the procedure when the sedation has worn off. If you have any further questions regarding this you can call the Interventional Radiology Department at 501-450-2342.

If you take blood thinners, you will need to contact your Primary Care Physician for permission to discontinue any of these medications prior to your procedure.

Then follow these instructions:

Coumadin, Plavix, or Aspirin, Aggrenox, Persantine.....Stop taking 5-7 days prior to procedure date.

Lovenox, Pradaxa.....Stop taking the day before the procedure.

We will make every attempt to start your procedure on time; however, due to emergencies and unpredictable changes in other procedures, we are sometimes delayed. We appreciate your patience and thank you ahead of time.

RECOVERY/HOME:

The recovery time for a kyphoplasty is 2-3 hours. You will return to your room in the Outpatient area where your family will be able to visit during this time. You may be recovered in a hospital room. This may be assigned after your procedure. You will be provided discharge instructions prior to discharge. Contact your primary care Physician after you are discharged about restarting medications, and when your blood tests should be taken.



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Patient Information